

NOVEMBER 2023

ALLEN PARISH SCHOOL DISTRICT

Monday **Tuesday** HAPPY THANKSGIVING meatball sub or cheesy rice & meatballs casserole baked potato half, sour cream yam patty broccoli/ranch dressing mandarin oranges blueberries apple BBQ rib burger or pulled pork on bun

sweet potato French fries

great northern beans

pineapple tidbits

NO SCHOOL

hot dog or corn dog

chili cup or mustard

French fries/catsup

steamed broccoli

peaches

orange

chicken spaghetti or Cajun chicken pasta creamy coleslaw fruit cocktail

Meatloaf or Shepard's pie // Mashed potatoes w/gravy green beans mini biscuit(s) applesauce plums

NO SCHOOL

chicken nuggets or tenders? white cheddar mac-n-cheese vam patty or mashed sweet potatoes green beans apricots, banana

Wednesday

gumbo or turkey roast w/gravy, rice cranberry sauce lima beans, potato salad homemade roll strawberry cup, banana

potato soup with diced ham or cheeseburger soup carrots sticks w/ranch breadstick or cheddar cheese crackers pineapple rings w/cherries

Red beans, sausage or ham 5 over rice cooked carrots breaded okra cornbread pears, orange

NO SCHOOL

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Cubed beef or pork roast? rice & gravy black-eyed peas corn on the cob fruit cocktail, grapes

graham crackers or chocolate

Thursday

turkey crunchy taco or beef burrito, salsa taco salad cup w/shredded cheese refried beans peaches

Jambalaya vegetarian or kidney beans mustard greens grapes or plums grapefruit honey graham snacks

spaghetti & meat sauce sweet peas garden salad/dressing chewy breadstick melon cup banana

NO SCHOOL

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nachos or taco pie pinto beans lettuce/tomato cup or garden salad blueberries, raisins

Friday

ham & cheese or grilled cheese sandwich sweet potatoes fries great northern or navy beans apricots apple

pizza stuffed sandwich or 10 mozzarella cheese stuffed stick(s) cream style corn celery sticks/sun butter peaches, raisins

NO SCHOOL

NO SCHOOL



DISCLAIMER: Please note that breakfast and lunch menus are subject to change without notice due to the availability of products from our distributors, staff shortage, and school closures.

PAY FOR MEALS ONLINE MySchoolBucks.com

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